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FACTORS OF THE HARMONY OF SPIRITUAL AND MATERIAL LIFE IN THE PERFECTION OF PERSONALITY

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Annotatsiya. Maqola har tomonlama rivojlangan shaxsni tarbiyalashning eng dolzarb masalalariga bag'ishlangan. Maqolada axloqiy va axloqiy masalalar, shaxsning ta'lim jarayonidagi o'rni, bu vazifani amalga oshirishning aspektlari, shuningdek, uni qanday hal qilish bo'yicha qarorlar muhokama qilinadi.

Kalit so'zlar : axloq, ma'naviyat, an'ana, tarbiya, saxiylik, vafodorlik, hurmat, jiddiylik, muhabbat, vijdoniylik, insoniylik, sahovatlilik.

Аннотация. Статья посвящена теме, являющейся одной из самых актуальных вопросов сегодняшнего дня воспитания всесторонне развитой личности. В статье рассмотрены вопросы морали и нравственности, их роли в

процессе воспитания личности, аспекты реализации этой задачи, а также суждения по поводу способов её решения.

Ключевые слова: мораль, нравственность, обычаи, воспитание, доброта, преданность, искренность, уважение, скромность, любовь, верность, честность, человечность, отвага, щедрость.

Annotation. The article attempts to identify the factors that directly affect the achievement of individual's spiritual and material life. According to the results of consistent scientific research, the author argued that the important role of social-pedagogical, ethical-moral, spiritual, ideological, material and practical factors play a crucial role in terms of achieving the harmonious spiritual and material life of a person.

Key concepts: factors, socio-pedagogical factors, ethical-moral factors, psychological factors, ideological factors, material factors, practical factors.

Introduction. A maxture, spiritually-minded, civilized person adopts the ideas of the independence ideology and carries out social activities by practicing them. The national consciousness, language and culture are key to the revival and development of the national culture. Effective use of them promotes the national feeling, pride and kudos in perfection of a person, as well as the formation of a sense of national self-consciousness.

In the Pedagogical and psychiatric instructions it is assumed that the perfection of a person should be directly affected by various factors. A positive or negative factor determines whether or not a person's spiritual growth is going up or down. Whether or not the person achieves the material and spiritual harmony is also likely to have such a positive or negative impact on the factors. Therefore, in the process of scientific research, special attention will be paid to the identification of factors directly influencing on the acheivement of the material and spiritual well-being of a person.

It is worthwhile to grasp all aspects of the linguistic aspect, taking into account the fact that the concept of factor is central to the base.

Literature review. The conceptual terminology of the Uzbek language, which is the leading source of terminologic resources in Uzbekistan, clarifies this concept as: the occurrence of work, event, and so on [8, 122]. If the concept is negligible because of the Arabic language, it is an impressive force because of the expression of the world, then the above mentioned definition is not logically correct. Indeed, The reason can not be something “caused”. That is, a certain cause can be the basis for a reason or event that originates a certain event or phenomenon, but it is not permissible to describe it as something.

On the one hand, The traditionally relevant factors are explored by their particular attributes and effects, and on the other hand, the impact of the event allows them to examine their behavior and effectiveness.

In addition, The history of formation and development of scientific knowledge, the process of enrichment of the sciences beses the factors and their social significance, role and place. It is also desirable to emphasize the identification of the factors that enable the individual to achieve a harmonious combination of material and spiritual life.

Research Methodology. The source indicate that content and behavior of any activity are characterized by the presence and the effect of certain factors. Specifically, pedagogical factors are divided into the following types: 1) pure pedagogical (the condition of the educational system, the provision of educational and scientific literature, the content of spiritual-enlightenment work, the level of organization of training, personal qualities and skills of pedagogues, their professional qualification, pedagogical work with parents, modeling of parents for children, pedagogical support to families, pedagogical counseling, work with minors who has”pedagogical deviation”, teaching pedagogical support to guardians and

replacing guardians, working with minors who have deviant behavior, and so on); 2) pedagogical significance (social asset, environment, lifestyle of the subject, educational activity, labor and economic, material, household, management, information, geographical, social, political, ethical, sport and other) Factors.

The well-known psychologist K.G.Yung also draws attention to the fact that the practical concepts, which are important in their work, are reflected in the influence of certain factors and the driving force. That is, the level of knowledge in curriculum that ensures the implementation of specific actions, as well as the effectiveness and impact of objective and subjective factors. From the psychological point of view, K.G. Yung represents the attributes of the person as the key elements of the human mentality, the attributes of a person's attitudes, the effects of the social history, the essence of the activity was based on ethical principles as one of the criteria for determining the social status of the subject. Because ethical principles are a standard for regulating social relations, ensuring a systematic, consistent, and coherent life of society. According to which in different spheres and places the activity of person, which is directed to the content and the level of efficiency, is evaluated from the point of view of their compliance with social and ethical criteria. Hence, spirituality is primarily an example of morality. In general, the priority of ethical principles in the material and spiritual life of the person is characterized by the fact that the principles of direct ethical principles is directly related to the following: 1) considers material benefits as nature (God's) grace given to it; 2) he accepts material wealth as a means of prosperity; he does not feel lonely; he does not try to accumulate wealth with greed; 3) creates tangible wealth through honest work, does not want to be wealthy, by the labor of others; 4) He wants to share the wealth he possesses with the whole of the world, and the golden rule of nature is as follows: it is immorality (malaise, disability) that does not help the needy person

Meaningfulness in achieving the harmony spiritual and material life is to be respectful of the individual's personality, to encourage his subconscious, inner ability, knowledge and aspirations, to be careful about the material resources he has acquired, to appreciate, and to preserve and to abandon, to focus on necessities and needs and nonextravagance (house cleaning, enjoyment, gambling, drug).

Spiritual factors are also important in achieving the spiritual and material life of person. In fact, having material and moral wealth necessitates training of individual personally with certain psychological qualities. In particular, he has the character of psychological attributes such as bold, courageous, bold, determined, adamant, energetic, self-esteem, self-control, confidence in their strengths and capabilities that will help him achieve the suitability of spiritual and material life. The results of research conducted by D. Karnegi[1], R. Kiosaki, Sh. Letcher, O. Mandino[3], H. Hill[5], B. Sheffer[6] and others have confirmed that most people with high moral and ethical attributes live in poverty. In modern conditions, ie perfection of one's personality, as a social necessity, it is important not only spiritual-moral, but also achieve maturity. Hence, material maturity promotes to expand the capacity of the individual to create the necessary conditions for self-improvement and self-development. In addition, financial maturity also relieves the individual from the need for support and support. The underlying cause of the crisis is psychological depression, low self-esteem, anxiety, and less self-sacrificing.

Contemporary psychology has proven the idea of materialism. In fact, the way in which a person lives is related to his ideas or thoughts that are in his or her mind. Therefore, it is important for young people to succeed in the early stages of social training and to adapt them to a wise and grateful attitude to the whole of their maturity, as well as provide them with material and spiritual wealth.

Analysis and results. Awareness of the mind with positive ideas in achieving the harmonious of the spiritual and material life of the individual; neglecting negative

thoughts; rich imagination and fantasy, creative thinking ability; ideologically and indifferent to the person's convincing, incentive and inspirational ideas, to get acquainted with positive content and power, a desire to learn, to read the wisdom, the preachment, the ability to evaluate the pallets of speech, the use of words with negative content and power in their speeches, expressions of gratitude to those around, reflecting ideological factors factor.

The tangible factors make it possible for a person to realize the intimate relationship between spirituality and matter and that to have the opportunity to enrich his spiritual well-being on the basis of prosperity, in general, acknowledges that there are two important human lives. Long term researchs affirm the link between the substance and the spirituality of one's relationship. Understanding of the spirituality of one's personality, the fact that he has a positive acceptance of the social and natural esistance, regardless of the content of the situation, the truthfulness of the reality (luck and failure, success and failures are a natural process, both of these contradictions are important for acquiring a person's life), and Even finding “ the light in the darkness is primarily protect a person from spiritual and moral crises-despair, anxiety, indignation, hatred, envy, mobility, and vice versa, which allows them to lower their material wealth, and, on the contrary, to make material gains.

Conclusion. Striving for material wealth, consistent, productive work on this path, achieving a balance between income and expense, accumulating material resources, understanding the situation on the financial market, how to evaluate a reasonable estimate, ensuring the flow of assets, financial independence, financial well-being is a key factor in the achievement of the material and spiritual coecistance by the individual as a particular aspects of material factors.

In the life of a person, his activity plays special role. In the process of transforming a person into a social entity, the kind of activities such as play, reading and labor are of particular relevance. The ability to work in different areas of life,



achievements depend on the skills acquired during play, reading and labor. The achievement of a material and spiritual life as well as in, is based on the psychological characteristics of the younger generation in terms of the ability to play, to study, and work effectively, is the best way. In this process, thanks to the positive influence of play, education and labor, a person develops practical skills that will enable him to succeed in creating material wealth and enriching his spirituality, and in later years they will be further developed.

This, the person achieves the effects of spiritual and material life through certain factors. Socio-pedagogical, ethical, moral, spiritual, ideological, material and practical factors play an important role in the achieving harmonious of material and spiritual life by individual. Appropriate and targeted use of the influence of these factors at different age stages opens the perspective of achieving a harmonious combination of a person's spiritual and material life.

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